

FEBI[®] Energize a Happier, Healthier Workforce

The Focus Energy Balance Indicator (FEBI) lets one discover the four energy patterns in the nervous system and the mix that makes up one's personality, linking mind, body and behaviors. FEBI moves beyond self-awareness to self-regulation making intentional change and accelerated wisdom possible.

FEBI does not label people; instead, it shows habitual personality preferences and how to reclaim any energy pattern one finds helpful. It broadens people rather than narrows them. Since "what fires together, wires together," we provide resources for easier access to all four energy patterns.



Driver Energy direct and stays on point



Organizer Energy steady and disciplined



Collaborator Energyengaging and
enthusiastic



Visionary Energy open to new ideas and creativity

Does your organization already have assessment tools? Consider adding FEBI to enhance understanding of employees and their behaviors. The Focus Energy Balance Indicator easily maps to other instruments as a simple, experiential "coordinate system" that provides the tools helps people make desired shifts via their own neural patterns.

Developed by Ginny Whitelaw, Ph.D. and Mark Kiefaber, ©2005-2023, IZL. FEBI is a trademark of IZL.