



Stacey Bevill, PCC, BCC
33 Market Point Drive, Greenville, South Carolina 29607
864-527-0425
Stacey@GoldenCareerStrategies.com
<https://GoldenCareerStrategies.com>

What if your only resolution was to love yourself more?

What would you start saying *yes* to?

What would you start saying *no* to?

How might loving yourself more benefit you?

Emotionally:

Mentally:

Physically:

Spiritually:

What must shift to give yourself permission to love yourself more?

How will you hold yourself accountable for loving yourself more?

How might loving yourself more impact other people?
