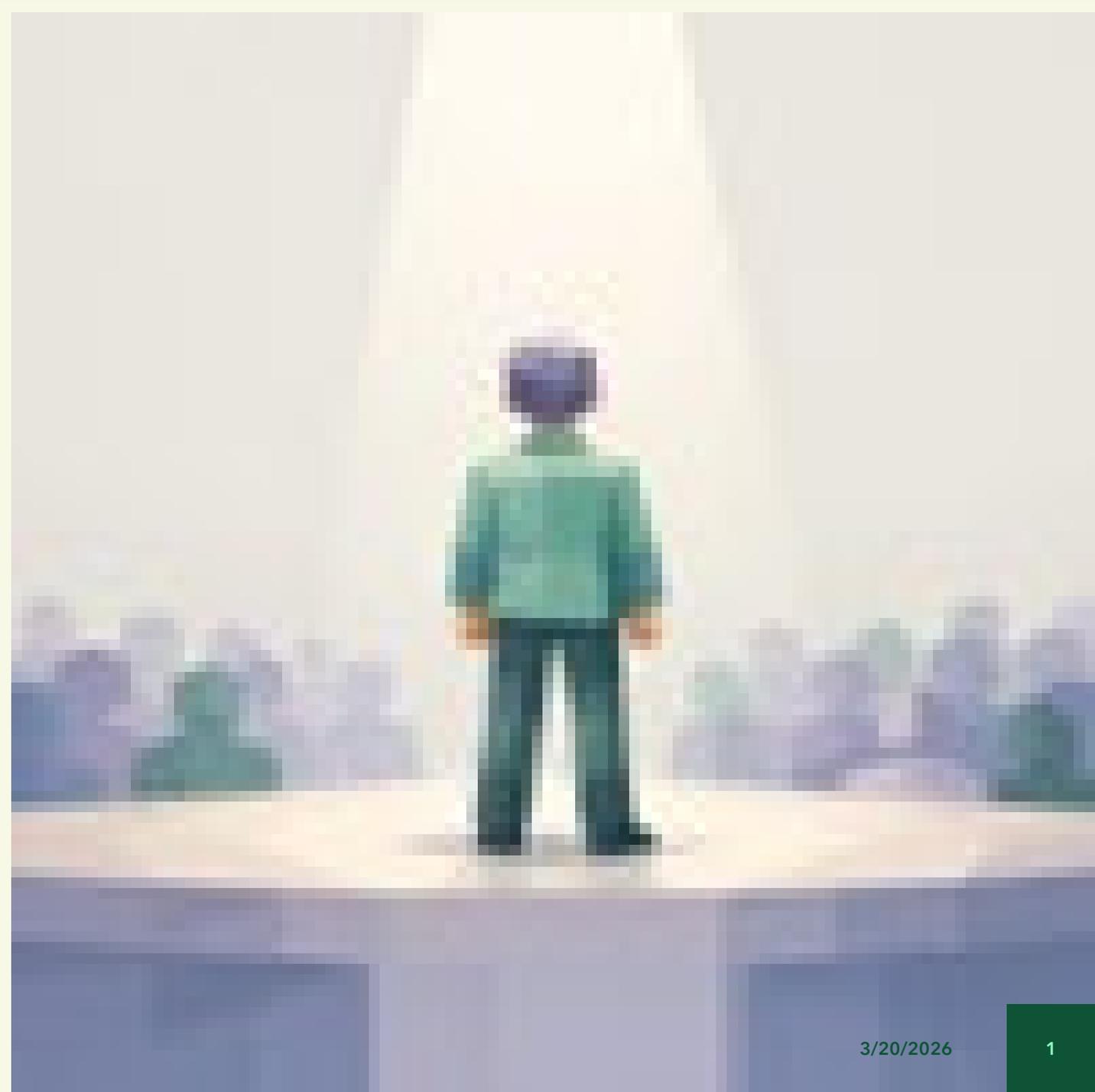




The Hidden Power of Showing Up:

One brave step can transform your career





Quick Intro:
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Agenda

- The Insider Secret
- A Story
- Breaking Down Why This Works
- Practical Application For Your Job Search
- Closing Thoughts / Q&A

AHF's Signature Question

"Can you share one piece of insider knowledge that many job seekers might NOT be aware of but would find incredibly helpful in their job search?"



Understanding the Concept of Showing Up

The Insider Secret

The Big Reveal

Why This Matters

**Common
Misconception**



A Powerful Story



Setting the Scene



**Invitation
and
Brave Step**



Client's Situation



Unexpected Outcome

Key Insight

Sarah didn't get that job because of her resume. She got it because she was brave enough to show up.



Breaking Down Why This Works

01 Visibility Creates Opportunity



Breaking Down Why This Works

02 Authenticity Beats Perfection



Breaking Down Why This Works

03 Small Actions Compound



Breaking Down Why This Works

04 Opportunities Come Through People, Not Postings



Breaking Down Why This Works

05 Stepping Outside Your Comfort Zone Is Where Growth Lives

Industry Associations & Professional Groups

- Examples: ICF for coaches, PMI for project managers, SHRM for HR professionals
- Most have local chapters with monthly meetings
- Many offer free guest passes or low-cost memberships



Meetup Groups & Community Events

- Many professional groups host virtual events
- Lower barrier to entry—you can attend from home
- Still provides networking opportunities



Alumni Networks

- Your college/university alumni association
- Former company alumni groups
- Training program or bootcamp alumni



Volunteer Opportunities

- Nonprofit boards
- Industry conference volunteering
- Community organizations related to your field

How to Show Up Effectively



Before the Event:

- Set a realistic goal: “I’ll introduce myself to 3 people”
(not “I’ll get a job”)
- Prepare a brief introduction: Who you are, what you’re exploring, or what interests you
- Research if possible:
Look at the attendee list or the group description



During the Event:

- Be genuinely curious: Ask questions, listen more than you talk
- Be honest about where you are: "I'm transitioning into..." or "I'm exploring..."
- Look for ways to help others: Networking is a two-way street
- Collect contact info: Ask if you can connect on LinkedIn



After the Event:

- Follow up within 48 hours: Send personalized LinkedIn connection requests
- Reference your conversation: “It was great talking about X...”
- Stay engaged: Comment on their posts, share relevant articles
- Keep showing up: Attend regularly to build relationships

Overcoming Common Fears



“I am an introvert.”

“I feel like an imposter.”

“I don’t know what to say.”

“What is nothing comes of it.”



The Challenge:

I challenge each of you to identify ONE room you can walk into in the next two weeks.

- It could be virtual or in-person
- It could be industry-specific or general networking
- It should feel slightly uncomfortable—that's how you know it's the right one



My Promise:

I can't promise you'll get a job offer at your first event. But I can promise that showing up is the only way to create the kinds of opportunities that never get posted online.



Final Thought:

Your next opportunity is waiting for you—but it's not on a job board.

It's in a conversation you haven't had yet, with someone you haven't met yet, in a room you haven't walked into yet.

So walk in.



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